



Montessori Express  
November 2006 edition

Throughout the month of December, the educators will be preparing for the holidays. Your children will participate in activities that will encompass the Christmas theme. We will also endeavor to include sensitivity to the less fortunate.

**Children's Christmas celebration – December 21<sup>st</sup>**

Thursday December 21, the CPE team will organize a family pot luck Christmas celebration at the Chelsea Community Center (220 Old Chelsea road).

Here follows the agenda:

3pm: parents arrive at CPE to pick up their children and accompany them to the Chelsea Community Center

3:30 pm: Children's song performance

4:00 pm: arrival of Santa Claus

4:40 pm: Pot luck

A sign-up sheet will be posted in the coat room for the pot luck.

**December 22<sup>nd</sup>**

On Friday December 22<sup>nd</sup>, the hours of operation will be from 7:30 am to 1:00 pm. After closing, the CPE staff will deliver Christmas hampers to the 2 sponsored families.

CPE holiday hours

Friday December 22	7:30 am to 1:00 pm
Monday December 25	Closed
Tuesday December 26	Closed
December 27 - 29	regular hours
Monday January 1	Closed
January 2 – 5	regular hours

In order to staff appropriately during the holidays, kindly complete the attendance sheet posted in your child's coat room.

**Downhill ski meeting – attendance required**

A downhill ski meeting for all registered families will be held on December 13<sup>th</sup> at 7:00 pm. Please note that parental attendance is required.

### **Cross Country Skiing**

We've hired a ski instructor for the cross country ski program. Attached is an information sheet and registration form. An information session on this program (including discussion on equipment requirements) will be held on December 13<sup>th</sup> at 8pm. This meeting will take place following the downhill ski meeting.

### **Extra Activities**

Some activities offered at the CPE (yoga, music, skiing etc.) are optional. Children who do not participate in these programs benefit from focused attention from the CPE educators as the student teacher ratio improves. In general, children do not feel "left out". It is important that parents do not feel obliged to register their children for extra activities.

### **Hand-washing workshop**

Thanks to the generosity of Kirsten Coupland (Olivia's mother), our staff benefited from a hand-washing workshop. The educators then passed this knowledge to the children on how to properly wash hands in order to avoid catching viruses. The Glitter bug machine demonstrated to the children how dirt can stay on their hands.

### **Gardening**

Many thanks to Barbara McDonald for her work on our flower beds. We all benefited from a blossoming CPE thanks to her time and effort. Thanks Barbara!

#### **A few words on the Montessori philosophy:**

***The Montessori philosophy holds the personality of the child as a guiding principle. The child freely chooses his or her work and enjoys a wide independence. It is the basis of self-discipline!***

***The team at CPE Maison Montessori de Chelsea***



## *Cross Country Skiing 2007*

### **Cross Country Ski Instructor**

Pamela Martin is a resident of Chelsea. Pam has over 15 years of cross country teaching experience. She has considerable experience with children and offers a program that is similar in quality to the Bunny Rabbit program.

Cost: \$45 /8 lessons

### **Lessons:**

Each one-hour lesson will be given in the fields adjacent to the CPE. We will have 2 groups of 10 children: group 1 from 9:30 to 10:30 and group 2 from 10:30 to 11:30. Two parents and one teacher will accompany each group.

### **Requirements:**

Children must be 3 years of age (as of January 1st 2007) to be eligible. Each participating family must volunteer to accompany the lesson 1 or 2 times during the program. All parents are invited to watch the last lesson.

### **Program dates:**

From January 11th to March 14, 2007 (every Thursday)

Participation in this program is voluntary and is limited to 20 children. Interested families should complete and return the registration form no later than December 8, 2006

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### **Registration Form**

My child \_\_\_\_\_ will participate in the Cross Country Ski Program 2007.

\_\_\_\_\_  
Signature of parent

Payment :

Payable by cheque in the amount of \$45 post-dated to January 8, 2007.

Please make cheque payable to CPE Maison Montessori de Chelsea.

Kindly return your payment and completed registration form no later than December 8th.

Thank you for your cooperation !

Lyne Martel  
Directrice